

# BLUE REVIEW

A newsletter for physician, professional, facility, ancillary and Medicaid providers

July 6, 2016

# New Preauthorization Requirements through eviCore

Blue Cross and Blue Shield of Texas (BCBSTX) has contracted with eviCore healthcare (eviCore), an independent specialty medical benefits management company, to provide Utilization Management services for new preauthorization requirements (outlined below).

Effective Oct. 3, 2016, eviCore will manage pre-service authorization for the following specialized clinical services:

- Molecular and genomic testing
- Radiation oncology for all outpatient and office services

These new preauthorization requirements apply to the Blue Advantage HMO<sup>SM</sup> (and Blue Advantage Plus<sup>SM</sup> HMO product) provider networks.

The updated Blue Advantage HMO and Blue Advantage Plus HMO Preauthorization/Referral Requirements list has been updated to include the services listed above that require preauthorization through eviCore, for dates of service beginning Oct. 3, 2016. The updated preauthorization list will be located on the provider website at <a href="mailto:bcbstx.com/provider">bcbstx.com/provider</a> under the Standards & Requirements tab and General Reimbursement Information section. Services performed without authorization may be denied for payment, and you may not seek reimbursement from members.

For all **other** services that require a referral and/or preauthorization, as noted on the Preauthorization/Referral Requirements list, you will continue to use iExchange<sup>®</sup>. iExchange is accessible to physicians, professional providers and facilities contracted with BCBSTX. For more information or to set up a new iExchange account, please go to <a href="https://documents.org/bcbstx.com/provider/tools/iexchange.html">bcbstx.com/provider/tools/iexchange.html</a>.

BCBSTX and eviCore will be providing additional information in the coming weeks, on the provider website at <a href="https://bcbstx.com/provider">bcbstx.com/provider</a> and in <a href="https://bcbstx.com/provider">Blue Review</a>, including:

- Training opportunities/webinars
- How to register with eviCore on their website
- eviCore phone and fax number

You may also contact your Network Management consultant for more information.

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As a reminder, effective July 11, 2016, corrected claim requests for previously adjudicated claims must be submitted as electronic replacement claims, or on the appropriate professional (CMS-1500) or institutional (UB-04) paper claim and Claim Review form.

### **Electronic Submission**

Electronic replacement claims should be submitted with the appropriate claim frequency code. Frequency code 7 will result in Blue Cross and Blue Shield of Texas (BCBSTX) adjudicating the original claim number (sometimes referred to as a Document Control Number, or DCN) with the corrections. The replacement claim will be issued a new BCBSTX claim number and subsequently deny.

**Note:** Claim corrections submitted without the appropriate frequency code will deny as a duplicate and the original BCBSTX claim number will not be adjudicated. See below for additional information on claim frequency codes and guidelines to assist you with when and how to use them for making corrections to electronic claims submitted to BCBSTX.

Claim Frequency Codes					
Code	Description	Filing Guidelines	Action		
<b>5</b> Late Charge(s)	Use to submit additional charges for the same date(s) of service as a previous claim	File electronically, as usual. Include only the additional late charges that were not included on the original claim.	BCBSTX will add the late charges to the previously processed claim.		
<b>7</b> Replacement of Prior Claim	Use to replace an entire claim (all but identity information)	File electronically, as usual. File the claim in its entirety, including all services for which you are requesting reconsideration.	BCBSTX will replace the original claim with corrections and the replacement claim will be denied. Refer to the original claim for adjudication.		
8 Void/Cancel of Prior Claim	Use to entirely eliminate a previously submitted claim for a specific provider, patient, insured and "statement covers period."	File electronically, as usual. Include all charges that were on the original claim.	BCBSTX will void the original claim from records, based on request.		

### **Paper Submission**

More than 98 percent of the claims BCBSTX receives from providers are submitted electronically. BCBSTX encourages all providers to use electronic options as the primary method for claim submission. There are several multi-payer web vendors available to providers. If you are a registered Availity<sup>TM</sup> web portal user, you have access to submit direct data entry replacement claims electronically, at no additional cost.

Beginning July 11, 2016, any changes to a claim that are specified **only** on the Claim Review form or via a letter will be returned with a notice advising resubmission on the appropriate CMS-1500 or UB-04 paper claim form. Paper claim submitters are required to indicate "corrected claim" on the paper claim form **and** the accompanying Claim Review form.

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#### **Patient Outreach**

### Zika Toolkit Offered by Texas Department of State Health Services

The Texas Department of State Health Services has developed a Zika Communications Toolkit for any organization interested in sharing important information about the Zika virus with their constituents. The Toolkit includes a variety of both English and Spanish newsletter copy, as well as social media copy and graphics for all Texans, pregnant women, travelers and people who work outdoors. Please feel free to use and share the information. Other free materials, including fact sheets, posters and push cards are also available for download and order on the Texas Zika website at TexasZika.org.

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### **Remittance Viewer Webinars**

The remittance viewer offers providers and billing services a convenient way to retrieve, view, save or print claim detail information and help reconcile claim data provided by Blue Cross and Blue Shield of Texas (BCBSTX) in the 835 Electronic Remittance Advice (ERA).

To gain access to the remittance viewer, you must be a registered Availity™ user, enrolled to receive the Availity ERA. Online enrollment for ERA may be completed via the <u>Availity web portal</u>. For additional details, view the <u>Remittance Viewer Frequently Asked Questions</u> and the <u>Remittance Viewer Tip Sheet</u>.

Online training sessions have been scheduled to provide an introduction to the remittance viewer. Participants will learn how to gain or grant access, conduct a search, view general and payer-specific information, and save or print results. In addition, a Question and Answer time will be available.

### Select a date and time from the list below to register now:

July 13 – 11 a.m. to 12 p.m. July 20 – 11 a.m. to 12 p.m. July 27 – 11 a.m. to 12 p.m.

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### In Every Issue

# HMO Plans – Importance of Obtaining a Referral and/or Preauthorization and Admitting to a Participating Facility as a Network Provider

**HMO Blue Texas**<sup>SM</sup>, **Blue Advantage HMO**<sup>SM</sup> and **Blue Premier**<sup>SM</sup> members require a referral from their PCP before receiving services from a specialty care physician or professional provider (except for OBGYNs). The referral must be initiated by the member's PCP, and must be made to a participating physician or professional provider in the same provider network.

If an in-network physician, professional provider, ambulatory surgery center, hospital or other facility is not available in the member's applicable provider network, **preauthorization is required** for services by an out-of-network physician, professional provider, ambulatory surgery center, hospital or other facility, through iExchange or call the preauthorization number 1-855-462-1785.

### Reminders:

- The HMO Blue Texas, Blue Advantage HMO and Blue Premier physician, professional provider, facility or ancillary provider is required to admit the patient to a participating facility, except in emergencies.
- Additional services may also require preauthorization. A complete list of services that require preauthorization for HMO Blue Texas and Blue Advantage HMO, and for Blue Premier and Blue Premier Access<sup>SM</sup>, is available on the BCBSTX Provider website. Under the "Standards and Requirements" tab, click on General Reimbursements (password is "manual") and scroll down to the "Preauthorization/Notification/Referral Requirements Lists."

Blue Advantage Plus<sup>SM</sup> HMO Point of Service (POS) is a benefit plan that allows those members to use out-of-network providers. However, it is essential that those members understand the financial impact of receiving services from an out-of-network physician, professional provider, ambulatory surgery center, hospital or other facility. Prior to referring a Blue Advantage Plus enrollee to an out of network provider for non-emergency services, please refer to Section D Referral Notification Program, of the HMO Blue Texas, Blue Advantage HMO and Blue Premier Provider Manual for more detail including when to utilize the Out-of-Network Enrollee Notification form.

### Importance of Obtaining Preauthorization for Initial Stay and Add-on Days

Preauthorization is required for certain types of care and services. Although BCBSTX participating physicians and professional providers are required to obtain the preauthorization, it is the responsibility of the insured person to confirm that their physician or professional provider obtains preauthorization for services requiring preauthorization. Preauthorization must be obtained for any initial stay in a facility and any additional days or services added on.

If an insured person does not obtain preauthorization for initial facility care or services, or additional days or services added on, the benefit for covered expenses may be reduced.

Preauthorization does not guarantee payment. All payments are subject to determination of the insured person's eligibility, payment of required deductibles, copayments and coinsurance amounts, eligibility of charges as covered expenses, application of the exclusions and limitations, and other provisions of the policy at the time services are rendered.

### Implantable Device Versus Medical Supply/Material

We have received a number of questions from providers about billing for implants. To help address the topic, we have provided a reminder about the National Uniform Billing Committee definition of an implant.

### National Uniform Billing Committee (NUBC) definition of an implant:

- Revenue Code 274 Prosthetic/orthotic devices
- Revenue Code 275 Pacemaker
- Revenue Code 278 Other Implants

An implantable device is that which is implanted, such as a piece of tissue, a tooth, a pellet of medicine, or a tube or needle containing radioactive substance, a graft or an insert. Also included are liquid and solid plastic materials used to augment tissues or to fill in areas traumatically or surgically removed. Also included is an object or material partially or totally inserted or grafted into the body for prosthetic, therapeutic or diagnostic purposes.

Examples of other implants reported under revenue code 278 include stents, artificial joints, shunts, grafts, pins, plates, screws, anchors and radioactive seeds (not an all-inclusive list).

Supplies that are not implantable should be submitted as supply charges. In conjunction, a device is not a "material or supply furnished incident to a service." Items used as routine supplies should not be submitted as an implant.

Guide wires, catheters and clips that are used during surgery but do not remain in the body are used the same way as an instrument and are not "implanted" should not be submitted as an implant.

Additional reference and definition of implantable devices, supplies and material can be located in the UB04 Editor and the website of the implantable device's manufacturer.

### **Managing Your Patients' Questions on Their Individual Plans**

In previous issues, Blue Cross and Blue Shield of Texas announced changes that would be made to our individual plans starting in January 2016. The content offered in this alert was created to help providers who are getting questions from patients regarding changes to their plans.

# Recap of Options Offered During the 2016 Open Enrollment Period

Jan. 31, 2016 marked the end of the third annual enrollment period through the Health Insurance Marketplace. BCBSTX remained committed to providing all Texans with sustainable health plan options that meet the varying needs of the state's population and contribute to the state's overall health. BCBSTX offers health insurance in all 254 counties in Texas and is the only health insurance provider offering individuals access to health insurance through the Federal Health Insurance marketplace in 58 of those counties.

### 2016 Individual Network Options

Individual members are those who buy their own insurance that is not provided by an employer or through a government program (Medicare, Medicaid or CHIP). The following options were offered to individual members:

- BCBSTX offered its Blue Advantage (BAV) HMO<sup>SM</sup> again to individual members both on and off the Health Insurance Marketplace.
- BCBSTX offered the new Blue Advantage Plus<sup>SM</sup> HMO plan with added Point of Service (POS) benefits to individual members both on and off the Health Insurance Marketplace. This new HMO utilizes the Blue Advantage HMO network of doctors and hospitals while still having out-of-network benefits.
- BCBSTX also offered **Blue Cross Blue Shield Premier 101**<sup>SM</sup>, a multi-state plan that utilizes the Blue Advantage HMO network and has the same preauthorization requirements as Blue Advantage HMO. **Blue Cross Blue Shield Premier 101** is only available to Individual members on the Health Insurance Marketplace.

**Please note:** Multi-state plans are designed to increase consumer options on the exchanges. They are only available in the Individual market segment, through the public exchange. Multi-state plans are bound by the same ACA regulations as other qualified health plans (i.e., essential health benefits, out-of-pocket maximum regulations, etc.).

### **Small Business Health Options Program Options**

BCBSTX will continue to offer the **Blue Choice PPO to small group members on the Small Business Health Options Program (SHOP)**. Small Group members will also still have access to our **Blue Advantage HMO product**. As a reminder, the terms of your BCBSTX agreements apply to plans offered on and off the SHOP. The terms of the agreement also require providers to offer their services to a BCBSTX member, regardless of where they purchased their coverage.

### **Identifying Your Patients' BCBSTX Insurance Plan**

To identify your patient's BCBSTX plan, please view our sample ID cards at <a href="bcbstx.com/provider">bcbstx.com/provider</a>. Plan specific alpha prefixes are assigned to every Blue Cross Blue Shield (BCBS) plan and start with X, Y, Z or Q. The first two positions indicate the BCBS Plan to which the member/subscriber belongs, while the third position identifies the product in which the member/subscriber is enrolled. Note: ZG identifies the Texas Plan.

- To identify a patient who has the BAV HMO plan look for the alpha prefix or Texas alpha prefix which will start with "ZG\*" on the member ID card. The first two positions indicate the Plan to which the member/subscriber belongs while the third position identifies the product in which the member/subscriber is enrolled.
- To identify a patient who has the BAV Plus, look for alpha prefix "ZGN" on the member ID card.
- To identify a patient who has the 'Blue Cross Blue Shield Premier 101' multi-state plan (not specific to Texas), look for alpha prefix "VAL" on the member ID card.

### Resources to Provide to your Patient's with Questions

If you have patients that are seeking assistance with their transition of care, we encourage you and your patients to contact BCBSTX with your questions through the phone numbers below. Our member advocates will work closely with your patients to ensure they have someone to speak with directly regarding their transition of care plan.

Member Customer Service: 888-697-0683

Pre-authorization: 855-462-1785Behavioral Health: 800-729-2422

# BCBSTX provides a wide range of services and online tools to help renewing members make informed health decisions:

- <u>Provider Finder</u>®: Members can select the best network provider for their needs based on location, as well as view industry-respected third party quality indicators, costs and patientsubmitted reviews on an easy-to-navigate website.
- <u>Blue Access for Members</u> SM: Members can access information on their policy, including status of claims, alerts, temporary ID cards and more. This also includes <u>Blue Access Mobile</u> SM, which allows members to find a doctor, hospital or urgent care facility in addition to benefit information.
- **24/7 Nurseline:** Members can speak with registered nurses about health concerns, common health information and tips and advice on where to go to receive necessary care.

You can also contact your local network management representative with any questions you may have.

BCBSTX Provider Relations Office Locations	Telephone Number	Fax Number
Austin	512-349-4847	512-349-4853
Corpus Christi	361-878-1623	361-852-0624
Dallas, East Texas	972-766-8900 / 800-749-0966	972-766-2231
El Paso	915-496-6600, press 2	915-496-6611 915-469-6614
Houston, Beaumont	713-663-1149	713-663-1227
Lubbock, Amarillo	806-783-4610	806-783-4666
Midland, Abilene, San Angelo	432-620-1406	432-620-1428
San Antonio	361-878-1623	361-852-0624

# BCBSTX Announced New Health Insurance Options for Individuals and Small Businesses Individual Network Options

In previous issues, Blue Cross and Blue Shield of Texas (BCBSTX) announced its 2016 offerings for individual and small group health insurance coverage. Texas residents were able to choose coverage options for their needs Nov. 1, 2015, to Jan. 1, 2016.

BCBSTX again offered its **Blue Advantage (BAV) HMO**<sup>SM</sup> to individual members both on and off the Health Insurance Marketplace. Individual members are anyone who buys their own insurance that is not provided by an employer or through a government program (Medicare, Medicaid or CHIP).

In addition, BCBSTX offered their new **Blue Advantage Plus**<sup>SM</sup> **HMO** plan that has added Point of Service (POS) benefits to individual members both on and off the Health Insurance Marketplace. This new HMO utilizes the Blue Advantage HMO network of doctors and hospitals while still having out-of-network benefits. The BAV and BAV Plus plans will be offered in all 254 counties across the state.

BCBSTX transitioned individual members who had Blue Choice PPO<sup>SM</sup> in 2014 and 2015 to the BAV Plus plan if they did not select a different plan during open enrollment, which opened on Nov. 1.

### Many of our BCBSTX members were NOT impacted by this change, including:

Patients covered by large and small employer groups

- Patients with individual coverage who have grandfathered plans (Grandfathered plans are plans that existed on March 23, 2010, when the Affordable Care Act became law.)
- Patients covered by Medicare and Medicaid.

BCBSTX has always been dedicated to helping our members access quality care at the right time, resulting in the best possible outcomes. Managed care, like an HMO, makes health care simple. In each of the offered plans, members selected a primary care physician (PCP) to best coordinate their health care. We worked with impacted members and their providers to minimize the impact of this change to their ongoing care. However, BCBSTX did not provide extended authorizations for the Texas PPO on/off exchange past Dec. 31, 2015.

If you're still receiving inquiries from your impacted patients, we encourage you and your patients to contact BCBSTX with your questions through the phone numbers below. Our member advocates will work closely with these individuals to address their needs.

Member Customer Service: 888-697-0683

Pre-authorization: 855-462-1785 Behavioral Health: 800-729-2422

Please see below for specific product names that will be offered to individual members on and off the Health Insurance Marketplace in Texas:

- Blue Advantage (BAV) HMO (offered on the Health Insurance Marketplace in Texas and on the SHOP)
- Blue Advantage Plus HMO Point-of-Service (POS) (offered on the Health Insurance Marketplace in Texas)

# Enrollee Notification Form Required for Out-of-network Care for Blue Choice PPO<sup>SM</sup> and Blue Advantage HMO<sup>SM</sup> (for Blue Advantage Plus)

Effective Jan. 1, 2016, an out-of-network care form is required to be completed by the referring network physician for enrollees of **Blue Choice PPO**<sup>SM</sup> and **Blue Advantage HMO**<sup>SM</sup> (for **Blue Advantage Plus point-of-service benefit plan only**), prior to referring or directing an enrollee to an out-of-network physician, professional provider, hospital, ambulatory surgery center or other facility, for non-emergency services, if such services are available through an in-network provider.

It is essential that **Blue Choice PPO and Blue Advantage Plus** enrollees fully understand the financial impact of an out-of-network referral to a physician, professional provider, hospital, ambulatory surgery center or other facility that does not participate in their BCBSTX provider network. Blue Choice PPO and Blue Advantage Plus enrollees have out-of-network benefits and may choose to use out-of-network providers, however they will be responsible for an increased cost-share under their out-of-network benefits.

Prior to referring or directing a **Blue Choice PPO or Blue Advantage Plus** enrollee to an out-of-network provider for non-emergency services, referring network physicians must complete this form if such services are also available through an in-network provider. The referring network physician must provide a copy of the completed form to the enrollee and retain a copy in his or her medical record files.

Use of this form is subject to periodic audit to determine compliance with this administrative requirement outlined in the provider manuals.

# **Claims with More Than One Unit Count for Drug Test Codes**

BCBSTX periodically reviews claims submitted by providers to help ensure that benefits provided are for services that are included in our member's/subscriber's benefit plan and meet BCBSTX's guidelines. Some providers are submitting claims with more than one-unit count for drug test codes (80300, 80301, 80303, 80320-80328 and 80345-80377) which should be a single date of service.

Effective Jan. 1, 2016, the following range of codes will allow only one unit on a single date of service: 80300, 80301, 80303, 80320-80328 and 80345-80377. Services should be provided in the most cost effective manner and in the least costly setting required for the appropriate treatment of the member/subscriber.

### Beginning Feb. 1, Two Additional Drug Codes to Allow Only One Unit for Single Date of Service

BCBSTX periodically reviews claims submitted by providers to help ensure that benefits provided are for services that are included in our member's/subscriber's benefit plan and meet BCBSTX's guidelines. Some providers are submitting claims with more than one-unit count for drug test codes 80337 and 80338, which should be a single date of service.

Effective **Feb. 1, 2016**, the following two codes will allow only one unit on a single date of service: 80337 and 80338. Services should be provided in the most cost-effective manner and in the least costly setting required for the appropriate treatment of the member.

### Hospitals, and Routine Services and Supplies

Routine services and supplies are generally already included by the provider in charges related to other procedures or services. As such, these items are considered non-billable for separate reimbursement. The following guidelines may assist hospital personnel in identifying items, supplies, and services that are not separately billable. **This is not an all-inclusive list.** 

- Any supplies, items and services that are necessary or otherwise integral to the provision of a specific service and/or the delivery of services in a specific location are considered routine services and not separately billable in the inpatient and outpatient environments.
- All items and supplies that may be purchased over-the-counter are not separately billable.
- All reusable items, supplies and equipment that are provided to all patients during an inpatient or outpatient admission are not separately billable.
- All reusable items, supplies and equipment that are provided to all patients admitted to a given treatment area or units are not separately billable.
- All reusable items, supplies and equipment that are provided to all patients receiving the same service are not separately billable.

### **BCBSTX Implements Changes in Maximum Allowable Fee Schedule**

BCBSTX implemented changes in the maximum allowable fee schedule used for Blue Choice PPO<sup>SM</sup>, HMO Blue Texas<sup>SM</sup>, Blue Advantage HMO<sup>SM</sup> (Independent Provider Network and The Limited Network only), and ParPlan which was effective Nov. 1, 2015.

The changes to the maximum allowable fee schedules used for the Blue Cross Medicare Advantage PPO<sup>SM</sup> and Blue Cross Medicare Advantage HMO<sup>SM</sup> were effective Jan. 1, 2016.

- The methodology used to develop the maximum allowable fee schedule for Blue Choice PPO, HMO Blue Texas and Blue Advantage HMO will be based on 2015 CMS values posted on the CMS website as of Jan. 16, 2015, for those services for which the BCBSTX reimbursement is based on CMS values.
- Geographic Practice Cost Indices (GPCIs) will not be applied to the relative values so the relative values will not differ by Medicare locality.
- Blue Choice PPO, HMO Blue Texas, Blue Advantage HMO and ParPlan relative values will consider the site of service where the service is performed (facility or non-facility).
- The CPT/HCPCS Fee Schedule will be updated quarterly on March 1, June 1, Sept. 1 and Dec. 1 each year.
- The NDC Fee Schedule will continue to be updated monthly.

BCBSTX provides general reimbursement information policies, request forms for allowable fees and fee schedule information. To view this information, visit the <u>General Reimbursement Information</u> section on the BCBSTX provider website. If you would like to request a sample of maximum allowable fees or if you have any other questions, please contact your Network Management office.

Reimbursement changes will be posted under "Reimbursement Changes and Updates" in the Reimbursement Schedules section on the BCBSTX provider website. The changes will not become effective until at least 90 days from the posting date. The specific effective date will be noted for each change that is posted.

Blue Choice PPO<sup>SM</sup> Subscribers/Blue Advantage HMO<sup>SM</sup> Member Rights and Responsibilities

As a provider for BCBSTX, you are obligated to be aware of subscribers'/members' rights and informed of subscribers' responsibilities. Our health plan subscribers/members may refer to their benefit booklet for a

listing of their rights and responsibilities, which are also included below; you can also access these documents on our website at bcbstx.com.

Rights

Responsibilities

Subscriber(s)/Member(s)	Subscriber(s)/Member(s)	
You have the right to:	You have the responsibility to:	
<ul> <li>Receive information about the organization, its services, its practitioners and providers and subscribers' rights and responsibilities.</li> <li>Make recommendations regarding the organization's subscribers' rights and responsibilities policy.</li> </ul>	<ul> <li>Provide, to the extent possible, information that your health benefit plan and practitioner/provider need, in order to provide care.</li> </ul>	
Participate with practitioners in making decisions about your health care.	<ul> <li>Follow the plans and instructions for care you have agreed to with your practitioner.</li> </ul>	
<ul> <li>Be treated with respect and recognition of your dignity and your right to privacy.</li> <li>A candid discussion of appropriate or medically necessary treatment options for your condition, regardless of cost or benefit coverage.</li> <li>Voice complaints or appeals about the organization or the care it provides.</li> </ul>	Understand your health problems and participate in the development of mutually agreed upon treatment goals, to the degree possible.	

### **HMO Blue Texas Member Rights and Responsibilities**

# Member Rights - You Have the Right to:

- Receive information about the organization, its services, its practitioners and providers and members' rights and responsibilities.
- Make recommendations regarding the organization's members' rights and responsibilities policy.
- Participate with practitioners in making decisions about your health care.
- Be treated with respect and recognition of your dignity and your right to privacy.
- A candid discussion of appropriate or medically necessary treatment options for your condition, regardless of cost or benefit coverage.
- Voice complaints or appeals about the organization or the care it provides.

### Member Rights - You Have the Responsibility to:

- Meet all eligibility requirements of your employer and the Health Maintenance Organization (HMO).
- Identify yourself as an HMO member by presenting your ID card and pay the copayment at the time of service for network benefits.
- Establish a physician/patient relationship with your primary care physician (PCP) and seek your PCP's medical advice/referral for network services prior to receiving medical care, unless it is an emergency situation or services are performed by your HMO participating OBGyn.
- Provide, to the extent possible, information that the HMO and practitioner/providers need, in order to care for you. Including changes in your family status, address and phone numbers within 31 days of the change.
- Understand the medications you are taking and receive proper instructions on how to take them.
- Notify your primary care physician or HMO plan within 48 hours or as soon as reasonably possible after receiving emergency care services.

- Communicate complete and accurate medical information to health care providers.
- Call in advance to schedule appointments with your network provider and notify them prior to canceling or rescheduling appointments.
- Read your coverage documents for information about benefits, limitations, and exclusions.
- Ask questions and follow instructions and guidelines given by your provider to achieve and maintain good health.

Understand your health problems and participate to the degree possible in the development of treatment goals mutually agreed upon between you and your provider.

### **After-hours Access Is Required**

BCBSTX requires that primary care physicians, specialty care physicians, professional providers, and facility and ancillary providers provide urgent care, and emergency care or coverage for care 24 hours a day, seven days a week. Providers must have a verifiable mechanism in place, for immediate response, for directing patients to alternative after-hours care based on the urgency of the patient's need.

### Acceptable after-hours access mechanisms may include:

- An answering service that offers to call or page the physician or on-call physician;
- a recorded message that directs the patient to call the answering service and the phone number is provided; or
- a recorded message that directs the patient to call or page the physician or on-call physician and the phone number is provided.

For more detail, <u>please refer to the provider manuals</u> for Blue Choice PPO<sup>SM</sup> Physician, Professional Provider and Facility and Ancillary Provider Manual (Section B) and HMO Blue Texas<sup>SM</sup> / Blue Advantage HMO<sup>SM</sup> / Blue Premier Physician, Professional Provider, Facility and Ancillary Provider Manual (Section B) available in the Education & Reference section of our provider website. Click on the "Manual" link (note, a password is required).

### **BCBS Medicare Advantage PPO Network Sharing**

Q: What is Blue Cross and Blue Shield (BCBS) Medicare Advantage (MA) PPO<sup>SM</sup> network sharing? A: All BCBS MA PPO Plans participate in reciprocal network sharing. This network sharing will allow all BCBS MA PPO members to obtain in-network benefits when traveling or living in the service area of any other BCBS MA PPO Plan as long as the member sees a contracted BCBS MA PPO provider.

### Q: What does the BCBS MA PPO network sharing mean to me?

**A:** If you are a contracted BCBS MA PPO provider with Blue Cross and Blue Shield of Texas (BCBSTX) and you see BCBS MA PPO members from other BCBS Plans, these BCBS MA PPO members will be extended the same contractual access to care and will be reimbursed in accordance with your negotiated rate with your Blue Cross and Blue Shield of Texas contract. These BCBS MA PPO members will receive in-network benefits in accordance with their member contract.

If you are not a contracted BCBS MA PPO provider with BCBSTX and you provide services for any BCBS MA PPO members, you will receive the Medicare allowed amount for covered services. For urgent or emergency care, you will be reimbursed at the member's in-network benefit level. Other services will be reimbursed at the out-of-network benefit level.

# Q: How do I recognize an out-of-area BCBS MA PPO member from one of these Plans participating in the BCBS MA PPO network sharing?

**A:** You can recognize a BCBS MA PPO member when their Blue Cross Blue Shield Member ID card has the following logo:



The "MA" in the suitcase indicates a member who is covered under the BCBS MA PPO network sharing

program. BCBS MA PPO members have been asked not to show their standard Medicare ID card when receiving services; instead, members should provide their Blue Cross and/or Blue Shield member ID card.

### Q: Do I have to provide services to BCBS MA PPO members from these other BCBS Plans?

**A:** If you are a contracted BCBS MA PPO provider with BCBSTX, you should provide the same access to care for BCBS MA members from other BCBS Plans as you do for BCBSTX MA PPO members. You can expect to receive the same contracted rates for such services.

If you are not a BCBS MA PPO contracted provider, you may see BCBS MA PPO members from other BCBS Plans, but you are not required to do so. Should you decide to provide services to BCBS MA PPO members, you will be reimbursed for covered services at the Medicare allowed amount based on where the services were rendered and under the member's out-of-network benefits. For urgent or emergency care, you will be reimbursed at the in-network benefit level.

### Q: What if my practice is closed to new local BCBS MA PPO members?

**A:** If your practice is closed to new local BCBS MA PPO members, you do not have to provide care for BCBS MA PPO out-of-area members. The same contractual arrangements apply to these out-of-area network sharing members as your local BCBS MA PPO members.

### Q: How do I verify benefits and eligibility?

**A:** Call BlueCard® Eligibility at 800-676-BLUE (800-676-2583) and provide the BCBS MA PPO member's alpha prefix located on the member's ID card.

# You may also submit electronic eligibility requests for BCBS MA PPO members. Follow these three easy steps:

- Log in to the <u>Availity Portal</u>, the <u>Availity Revenue Cycle Management Portal</u> or your preferred yendor
- Enter required data elements
- Submit your request

### Q: Where do I submit the claim?

**A:** You should submit the claim to BCBSTX under your current billing practices. Do not bill Medicare directly for any services rendered to a BCBS MA PPO member.

# Q: What will I be paid for providing services to these out-of-area BCBS MA PPO network sharing members?

**A:** If you are a BCBS MA PPO contracted provider with BCBSTX, benefits will be based on your contracted BCBS MA PPO rate for providing covered services to BCBS MA PPO members from any BCBS MA PPO Plan. Once you submit the BCBS MA PPO claim, BCBSTX will work with the other Plan to determine benefits and send you the payment.

# Q: What will I be paid for providing services to other BCBS MA out-of-area members not participating in the BCBS MA PPO Network Sharing?

**A:** When you provide covered services to other BCBS MA PPO out-of-area members not participating in network sharing, benefits will be based on the Medicare allowed amount. Once you submit the BCBS MA PPO claim, BCBSTX will send you the payment. However, these services will be paid under the BCBS MA member's out-of-network benefits unless for urgent or emergency care.

# Q: What is the BCBS MA PPO member cost sharing level and co-payments?

**A:** A BCBS MA PPO member cost sharing level and co-payment is based on the BCBS MA PPO member's health plan. You may collect the co-payment amounts from the BCBS MA PPO member at the time of service. To determine the cost sharing and/or co-payment amounts, you should call the Eligibility Line at 800-676-BLUE (800-676-2583).

# Q: May I balance bill the BCBS MA PPO member the difference in my charge and the allowance? A: No, you may not balance bill the BCBS MA PPO member for this difference. Members may be balance

billed for any deductibles, co-insurance, and/or co-pays.

Q: What if I disagree with the reimbursement amount I received?

**A:** If there is a question concerning the reimbursement amount, contact Blue Cross Medicare Advantage (PPO) Customer Service at 877-774-8592.

### Q: Who do I contact if I have a question about BCBS MA PPO network sharing?

**A:** If you have any questions regarding the BCBS MA PPO program or products, contact Blue Cross Medicare Advantage (PPO) Customer Service at 877-774-8592.

### Medical Record Requests: Include Our Letter as Your Cover Sheet

When you receive a letter from BCBSTX requesting additional information, such as medical records or certificates of medical necessity, please utilize the letter as a cover sheet when sending the requested information to us.

This letter contains a barcode in the upper right corner to help ensure that the information you send is matched directly to the appropriate file and/or claim. Do not submit a Claim Review form in addition to the letter, as this could delay the review process.

Thank you for your cooperation!

### **Technical and Professional Components**

**Modifiers 26 and TC:** Modifier 26 denotes professional services for lab and radiological services. Modifier TC denotes technical component for lab and radiological services. These modifiers should be used in conjunction with the appropriate lab and radiological procedures only.

**Note:** When a physician or professional provider and facility or ancillary provider performs both the technical and professional service for a lab or radiological procedure, he/she must submit the total service, not each service individually.

### Surgical Procedures Performed in the Physician's Office

When performing surgical procedures in a non-facility setting, the physician and professional provider reimbursement covers the services, equipment and some of the supplies needed to perform the surgical procedure when a member/subscriber receives these services in the physician's or professional provider's office.

Reimbursement will be allowed for some supplies billed in conjunction with a surgical procedure performed in a physician's or professional provider's office. To help determine how coding combinations on a particular claim may be evaluated during the claim adjudication process, you may continue to utilize Clear Claim Connection™ (C3). C3 is a free, online reference tool that mirrors the logic behind BCBSTX's code-auditing software. Refer to the BCBSTX provider website at <a href="mailto:bcbstx.com/provider">bcbstx.com/provider</a> for additional information on gaining access to C3.

Please note the physician's and professional provider's reimbursement includes surgical equipment that may be owned or supplied by an outside surgical equipment or Durable Medical Equipment (DME) vendor. Claims from the surgical equipment or DME vendor will be denied based on the fact that the global physician's or professional provider's reimbursement includes staff and equipment.

### **AIM RQI Reminder**

Physicians, professional providers and facility and ancillary providers must contact AIM Specialty Health® (AIM) first to obtain a Radiology Quality Initiative (RQI) for Blue Choice PPOSM subscribers when ordering or scheduling the following outpatient, non-emergency diagnostic imaging services when performed in a physician's, professional provider's or facility or ancillary provider's office, a professional provider's office, the outpatient department of a hospital or a freestanding imaging center:

- CT/CTA
- MRI/MRA
- SPECT/nuclear cardiology study
- PET scan

To obtain a Blue Choice PPO RQI, log into AIM's provider portal at <u>aimspecialtyhealth.com</u>, and complete the online questionnaire that identifies the reasons for requesting the exam. If criteria are met, you will receive a RQI. If criteria are not met, or if additional information is needed, the case will automatically be

transferred for further clinical evaluation and an AIM nurse will follow up with your office. AIM's *ProviderPortal*<sup>SM</sup> uses the term "Order" rather than "RQI."

AIM Specialty Health (AIM) is an operating subsidiary of Anthem, Inc.

#### Notes:

- 1. Facilities cannot obtain a RQI from AIM on behalf of the ordering physician, professional provider, facility or ancillary provider.
- 2. The RQI program does not apply to Medicare enrollees with BCBSTX Medicare supplement coverage. Medicare enrollees with BCBSTX PPO coverage are included in the program.

# Quest Diagnostics, Inc., Is the Exclusive HMO and Preferred Statewide PPO Clinical Reference Lab Provider

Quest Diagnostics, Inc., is the **exclusive** outpatient clinical reference laboratory provider for HMO Blue Texas<sup>SM</sup> members and Blue Advantage HMO<sup>SM</sup> subscribers,\* and the **preferred statewide** outpatient clinical reference laboratory provider for BCBSTX Blue Choice PPO<sup>SM</sup> subscribers. This arrangement excludes lab services provided during emergency room visits, inpatient admissions and outpatient day surgeries (hospital and free-standing ambulatory surgery centers).

# **Quest Diagnostics Offers:**

- On-line scheduling for Quest Diagnostics' Patient Service Center (PSC) locations. To schedule a
  patient PSC appointment, log onto QuestDiagnostics.com/patients or call 888-277-8772.
- Convenient patient access to more than 195 patient service locations.
- 24/7 access to electronic lab orders, results and other office solutions through Care 360<sup>®</sup> Labs and Meds.

For more information about Quest Diagnostics lab testing solutions or to establish an account, contact your Quest Diagnostics Physician Representative or call **866-MY-QUEST** (866-697-8378).

For physicians, professional providers or facility and ancillary providers located in the HMO capitated lab counties, only the lab services/tests indicated on the Reimbursable Lab Services list will be reimbursed on a fee-for-service basis if performed in the physician's, professional provider's or facility or ancillary provider's office for HMO Blue Texas members. Please note all other lab services/tests performed in the physician's, professional provider's or facility or ancillary provider's offices will not be reimbursed. You can access the county listing and the Reimbursable Lab Services list in the <a href="General Reimbursement">General Reimbursement</a> Information section located under the Standards and Requirements tab.

\*Note: Physicians, professional providers or facility and ancillary providers who are contracted/affiliated with a capitated IPA/medical group and physicians, professional providers or facility or ancillary providers who are not part of a capitated IPA/medical group but who provide services to a member/subscriber whose PCP is a member of a capitated IPA/medical group must contact the applicable IPA/medical group for instructions regarding outpatient laboratory services.

### Improvements to the Medical Records Process for BlueCard® Claims

BCBSTX is now able to send medical records electronically to all Blue Cross and/or Blue Shield Plans. This method significantly reduces the time it takes to transmit supporting documentation for BlueCard claims and eliminates lost or misrouted records.

As always, we will request that you submit your medical records to BCBSTX if needed for claims processing.

Requests for medical records from other Blues Plans before rendering services, as part of the preauthorization process, should be submitted directly to the requesting Plan.

### **Pass-through Billing**

BCBSTX does not permit pass-through billing. Pass-through billing occurs when the ordering physician, professional provider or facility or ancillary provider requests and bills for a service, but the service is not performed by the ordering physician, professional provider or facility or ancillary provider.

The performing physician, professional provider or facility and ancillary provider should bill for these services unless otherwise approved by BCBSTX. BCBSTX does not consider the following scenarios to be pass-through billing:

- The service of the performing physician, professional provider or facility and ancillary provider is performed at the place of service of the ordering provider and is billed by the ordering physician or professional provider.
- The service is provided by an employee of a physician, professional provider or facility and ancillary provider (physician assistant, surgical assistant, advanced nurse practitioner, clinical nurse specialist, certified nurse midwife or registered first assistant who is under the direct supervision of the ordering physician or professional provider) and the service is billed by the ordering physician or professional provider.

The following modifiers should be used by the supervising physician when he/she is billing for services rendered by a Physician Assistant (PA), Advanced Practice Nurse (APN) or Certified Registered Nurse First Assistant (CRNFA):

- AS modifier: A physician should use this modifier when billing on behalf of a PA, APN or CRNFA
  for services provided when the aforementioned providers are acting as an assistant during
  surgery. (Modifier AS is to be used ONLY if they assist at surgery.)
- SA modifier: A supervising physician should use this modifier when billing on behalf of a PA, APN or CRNFA for non-surgical services. (Modifier SA is used when the PA, APN, or CRNFA is assisting with any other procedure that DOES NOT include surgery.)

### **Contracted Providers Must File Claims**

As a reminder, physicians, facilities, professional providers and ancillary providers must file claims for any covered services rendered to a patient enrolled in a BCBSTX health plan. You may collect the full amounts of any deductible, coinsurance or copayment due and then file the claim with BCBSTX. Arrangements to offer cash discounts to an enrollee in lieu of filing claims with BCBSTX violate the requirements of your provider contract with BCBSTX.

Notwithstanding the foregoing, a provision of the American Recovery and Reinvestment Act changed HIPAA to add a requirement that if a patient self pays for a service in full and directs a provider to not file a claim with the patient's insurer, the provider must comply with that directive and may not file the claim in question. In such an event, you must comply with HIPAA and not file the claim to BCBSTX.

### **Medical Policy Disclosure**

New or revised medical policies, when approved, will be posted on the BCBSTX provider website on the 1st or 15th day of each month. Those medical policies requiring disclosure will become effective 90 days from the posting date. Medical policies that do not require disclosure will become effective 15 days after the posting date. The specific effective date will be noted for each medical policy that is posted.

To view active and pending medical policies go to <u>bcbstx.com/provider</u> and click on the Standards & Requirements tab, then click on the Medical Policies offering. After reading and agreeing to the disclaimer, you will then have access to active and pending medical policies.

# **Draft Medical Policy Review**

In an effort to streamline the medical policy review process, you can view draft medical policies on the BCBSTX provider website and provide your feedback online. If there are any draft medical policies to review, these documents will be made available for your review around the 1st and the 15th of each month with a review period of approximately two weeks.

To <u>view draft medical policies</u> go to our provider website and click on the Standards & Requirements tab, then click on the Medical Policies offering. After reading and agreeing to the disclaimer, you will then have access to view any draft medical policies, if available.

### **No Additional Medical Records Needed**

Physicians, professional providers or facility or ancillary provider who have received an approved predetermination (which establishes medical necessity of a service) or have obtained a radiology quality initiative (RQI) from AIM Specialty Health need not submit additional medical records to BCBSTX. In the

event that additional medical records are needed to process a claim on file, BCBSTX will request additional medical records at that time.

Predetermination does not guarantee payment. All payments are subject to determination of the insured person's eligibility, payment of required deductibles, copayments and coinsurance amounts, eligibility of charges as covered expenses, application of the exclusions and limitations, and other provisions of the policy at the time services are rendered.

### Importance of Obtaining a Preauthorization/Referral

A preauthorization/referral is required for certain types of care and services. Although BCBSTX participating physicians, professional providers and facility and ancillary providers are required to obtain preauthorization/referrals, it is also the responsibility of the member/subscriber to confirm that this action has been taken for services that require a preauthorization/referral.

Preauthorization/referrals must be obtained for any services provided by someone other than the member's primary care physician (PCP) (i.e., specialist, ambulatory surgery centers, ancillary, etc.). A preauthorization/referral is also needed for an initial stay in a facility and any additional days or services added on.

If a member/subscriber does not obtain a preauthorization/referral for initial facility care or services, or additional days or services added on, the benefit for covered expenses may be reduced.

A preauthorization/referral does not guarantee payment. All payments are subject to determination of the member/subscriber's eligibility, payment of required deductibles, copayments and coinsurance amounts, eligibility of charges as covered expenses, application of the exclusions and limitations and other provisions of the policy at the time services are rendered.

If a preauthorization/referral request is received from an out-of-network (OON) provider and the member/subscriber does not have an OON benefit, BCBSTX will contact the ordering provider to discuss network options. However, if a member/subscriber has an OON benefit, OON benefits will apply, which could result in a higher cost sharing.

### **Avoidance of Delay in Claims Pending COB Information**

BCBSTX receives thousands of claims each month that require unnecessary review for coordination of benefits (COB). What that means to our physicians, professional providers, facility and ancillary providers is a possible delay, or even denial of services, pending receipt of the required information from the member/subscriber.

Here are some tips to help prevent claims processing delays when there is only one insurance carrier:

- CMS-1500, box 11-d If there is no secondary insurance carrier, mark the "No" box.
- Do not place anything in box 9, a through d This area is reserved for member information for a secondary insurance payer.

It is critical that no information appears in box 11-d or in box 9 a-d if there is only one insurance payer.

### **Billing for Non-covered Services**

As a reminder, contracted physicians, professional providers, facility and ancillary providers may collect payment from members/subscribers for copayments, co-insurance and deductible amounts. The physician, professional provider, facility or ancillary provider may not charge the member/subscriber more than the patient share shown on their provider claim summary (PCS) or electronic remittance advice (ERA).

In the event that BCBSTX determines that a proposed service is not a covered service, the physician, professional provider, facility or ancillary provider must inform the member/subscriber in writing in advance. This will allow the physician, professional, facility or ancillary provider to bill the member/subscriber for the non-covered service rendered.

In no event shall a contracted physician, professional provider, facility or ancillary provider collect payment from the subscriber for identified hospital acquired conditions and/or serious reportable events.

### **Dispensing QVT (Quantity Versus Time) Limits**

To help minimize health risks and to improve the quality of pharmaceutical care, dispensing QVT limits have been placed on select prescription medications. The limits are based upon the U.S. Federal Drug Administration and medical guidelines as well as the drug manufacturer's package insert.

Access the <u>2015 Standard Drug List Dispensing Limits</u> and <u>2015 Generics Plus Drug List Dispensing</u> Limits documents online.

# **Prescription Drug Lists**

Throughout the year, the BCBSTX Clinical Pharmacy Department team frequently reviews the prescription drug lists. Tier placement decisions for each drug on the list follow a precise process, with several committees reviewing efficacy, safety and cost of each drug.

For the 2015 drug updates, visit the BCBSTX provider website under the Pharmacy Program tab, or follow this link: <a href="https://docs.pc.ncb/bcstx.com/provider/pharmacy/index.html">bcbstx.com/provider/pharmacy/index.html</a> and click on the <a href="https://docs.pc.ncb/bcstx.com/provider/pharmacy/index.html">Rx List/Prescribing Guides</a> offering in the left-side navigation list.

# **Are Utilization Management Decisions Financially Influenced?**

BCBSTX is dedicated to serving our customers through the provision of health care coverage and related benefit services. BCBSTX prohibits decisions based on financial incentives – utilization management decisions are based on appropriateness of care and service and existence of coverage.

BCBSTX does not specifically reward practitioners or clinicians for issuing denials of coverage, nor is there compensation based on the number or frequency of telephone calls or other contacts that occur with health care providers, members or subscribers. Financial incentives for utilization management decision makers do not encourage decisions that result in underutilization.

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### **Contact Us**

View our quick directory of contacts at BCBSTX.

### **Update Your Contact Information**

Accurate provider directories are an important part of providing BCBSTX members/subscribers with the information they need to manage their health. If any of your information has changed, <u>please update your contact information</u>.

### bcbstx.com

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**Important Information** 

#### Important Information

Blue Cross and Blue Shield of Texas (BCBSTX), a Division of Health Care Service Corporation (HCSC), a Mutual Legal Reserve Company, is pleased to offer this communication. It is meant to educate and inform. At the time it was sent, the information was accurate. However, it is possible that the information may become out of date due to frequent changes in laws that affect the health care industry, as well as other new regulations.

BCBSTX does not provide health care services or medical care. Any medical information found in this communication does not replace professional medical advice, diagnosis or treatment. Please talk to your doctor if you have any questions about your health. Also, BCBSTX does not offer financial or legal advice. Any legal or financial information found in this communication does not replace professional advice. If you have questions, call a professional.

#### **Third-Party Links**

To provide additional resources and information, BCBSTX may include links to external third-party websites. Some of these websites are owned by BCBSTX; while others are either under contract with BCBSTX or totally independent. BCBSTX cannot verify or guarantee the accuracy of information, products or services found on the independent sites.

When using third-party links, you may be subject to the privacy statements and terms of use found on these sites. Be sure to read these statements and agreements so that you understand the terms.

#### Information Collected and Used

BCBSTX or one of our contracted third parties may collect electronic information about you when you are using these websites.

BCBSTX will use this information solely for its own business purposes, but only as permitted by applicable law. Electronic information that the contracted third-parties collect on our behalf is not stored or retained by them, unless their Privacy Statement states otherwise. Some examples of how we may use the electronic information collected includes:

- Tracking the resources that users access through the website]
- Tracking what is viewed so we can customize information
- Recording statistics on user activity
- Troubleshooting website problems
- Tracking the website tools that are used

#### Surveys

From time to time, we may use online surveys to get your feedback about our business, these communications, meetings and events, as well as to gather information about a program or service you would like to participate in. Responding to these surveys is optional.

#### Use of Email

Please be careful when you send personal information in an email. Emails pass through private and public networks. These networks have different levels of security, and we cannot guarantee that your information will remain private.

### How can you contact us?

- Members: For questions, call the number on the back of your health plan ID card. If you need to change your email address or other contact information, log in to your Blue Access for MembersSM account and go to Settings > Preferences.
- Brokers, Producers, Employers and Providers: For questions related to this communication and to change your email address or other contact information, email or call your assigned BCBSTX representative.
- $\bullet\,$  Non-members: For questions related to this communication, visit our website.

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### Code of Business Ethics and Conduct

BCBSTX is committed to the highest standards of business ethics and integrity as well as strict observance and compliance with the laws and regulations governing its business operations. BCBSTX has adopted a <u>Code of Business Ethics and Conduct</u> for our employees, as well as a <u>Vendor Code of Business Ethics and Conduct</u> for those vendors who conduct business with us and/or provide services to our customers.

#### bcbstx.com

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